ANNUAL REPORT



community solutions, inc. our name is our mission

Dear friends of Community Solutions Inc.,

What started in 1962 in Hartford, Connecticut at the home of Ralph Cheyney, the founder of Connecticut Halfway Houses, is now an incredible nonprofit known as CSI, serving thousands of juvenile justice, child welfare, and criminal justice clients in nine states.

Over the years, CSI has been a leader in, or a part of, significant changes in the provision of services to children and adults. What began as an innovative and straightforward idea of taking men being released from prison and providing them with tools to build a new life has blossomed into a wide array of sophisticated services to reduce the incidence of crime, delinquency or child abuse.

While the residential programs started by Mr. Cheyney in 1962 remain and have grown, our knowledge has also grown and with that knowledge has come a set of new practices that are widely referred to as evidence-based and best-practice programs. As a larger system of care, we are finally at a point where we can say, "this works," and apply the principles we have learned about effective treatment.

From the expanded use of community-based care in residential re-entry centers, to day reporting centers and in-home services, the past decade has seen enormous and positive change in our systems. We are proud to say that CSI has been at the forefront of many of those innovations, either through the implementation of our own programs, or by implementing programs for one of our many government funding agencies that have pioneered those efforts.

The past year has seen an expansion of our existing programs and the implementation of a research association with the criminal justice department at the University of New Haven.

To the many board members who have supported CSI, the staff who have worked with clients over the years, and especially to the adults and youth who have benefited from our programs and have thus benefited society, we say thank you.

Sincerely Yours,



out vito

Robert D. Pidgeon Chief Executive Officer



William J. Fiocchetta Chairman of the Board

OUR BOARD

BOARD OF DIRECTORS

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Mr. Ned Loughran Executive Director Council of Juvenile Correctional Administrators (CJCA)

Mr. Ken Ricci President Ricci Greene Associates

OUR FOOTPRINT

Community Solutions Inc. (CSI) is an international nonprofit organization that provides programs for at-risk and disadvantaged youth and adults. Since 1962, CSI has delivered supervision, treatment and comprehensive, individual services to help clients interact more effectively in their communities and become productive citizens.

Adult Services:

- Evidence-Based Curriculum
- Day Reporting Centers
- Residential Programs
- Alternative in the Community Programs
- Transitional Housing

Youth Services:

- Home-Based Services
- Foster Care Program
- Residential Program
- MST Training and Quality
 Assurance Services

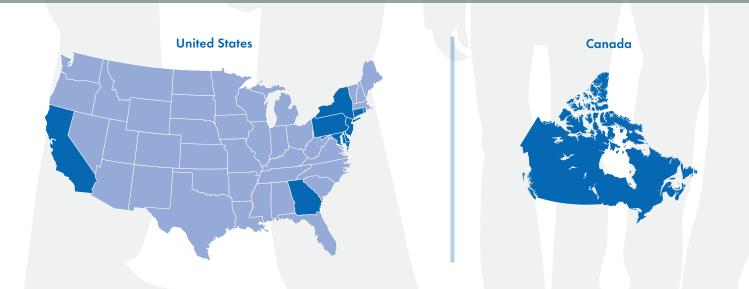
AT A GLANCE

Founded: 1962 Type of Organization: Private nonprofit 501c3 Corporation Structure: Volunteer Board of Directors Annual Budget: \$29,138,656 Employees: 655





Geography: Direct services are provided in California, Connecticut, Delaware, Georgia, Maryland, New Jersey, New York, Pennsylvania, and Rhode Island. Quality assurance and consultation services are provided in California, Connecticut, Canada, and Georgia.



ADULT SERVICES

Alternative in the Community Programs, or AIC Programs, are community-based alternatives to incarceration that provide multifaceted intervention services for offenders awaiting trial, or who are on probation or parole. Participants work closely with case managers, intervention and employment specialists to develop individual goals and make positive changes in their lives.

Cognitive-Based Services provide cognitive-based group services to probationers within the Probation Department. Evidence-based practices are used to help increase self-awareness, motivate pro-social change and enhance protective factors.

Community Court is a program where offenders charged with misdemeanors are assigned to perform one to three days of community service in lieu of fines or jail time. Community Court staff meets with neighborhood associations to match projects with local needs.

Day Reporting Centers provide a community-based alternative to incarceration using Motivational Interviewing techniques and a curricula-driven, evidence-based model designed to assess the needs of each client. Participants work closely with case managers and employment specialists to develop individual goals and make positive changes in their lives.

Inpatient Substance Abuse Treatment provides a highly structured program with therapeutic activities over a 30-day period. Clients generally transition to work release after program completion.

Mothers and Infants Nurturing Together is a confinement placement program for pregnant offenders who have been approved for community placement. While in the program they receive prenatal care at a cooperating hospital, give birth and bond with their babies for three months following birth.

Residential Work Release Re-entry Centers are programs for state and federal work release clients who live in a congregate setting and are supported as they obtain full-time employment and meet financial and self-sufficiency goals. The programs administer assessments, monitor compliance with treatment plan goals and involve client in direct treatment services that address their criminogenic tendencies.

Transitional Housing provides room and board to male pre-trial, parole and probation clients. Referrals are made to local service providers and area employers.

Training and Resource Center

CSI training programs provide comprehensive training and consulting services to federal, state and local agencies, along with for-profit and nonprofit organizations throughout the United States and internationally.

Services provided include:

- Training for evidence-based practices, professional development, management and leadership skills.
- Technical assistance with implementing evidencebased practices.
- Quality assurance using state-of-the-art tools to assure model fidelity and customer satisfaction through internal and external auditing.
- Resources including regional, national and international trainers and consultants.

OUR SERVICES

YOUTH SERVICES

Adolescent Residential Treatment provides clinical services, education, substance abuse assessment, treatment and monitoring, structured recreation, life skills and individual, group and family counseling for youth ages 12 to 17 who need help reducing antisocial behavior and transitioning back into the community.

Brief Strategic Family Therapy (BSFT) is an effective, family-focused, evidence-based approach to the elimination of substance abuse risk factors in children and adolescents 6 to 17 years old. BSFT adopts a structural family system framework to improve a youth's behavior problems by improving family interactions that are directly related to the child or youth's symptoms.

BP Functional Family Therapy (FFT) is an in-home service that is an outcome-driven and highly successful family intervention program for at-risk youth and juvenile justice involved youth ages 11 to 17 years old. FFT can be provided in a variety of contexts, including schools, child welfare, probation, parole/aftercare, mental health, and as an alternative to incarceration or out-of-home placement.

Intensive Family Preservation Services (IFPS) is an in-home, family-focused, community-based, family-reunification program model for families with children (birth to 18) returning from, or at risk of placement into, foster care, group or residential treatment, psychiatric hospitals or juvenile justice facilities.

Multidimensional Family Treatment (MDFT) is an integrated, comprehensive, family-centered treatment addressing a range of youth (ages 12–17) problem behaviors, including substance abuse, delinquency, antisocial and aggressive behaviors, school and family problems, and emotional difficulties.

BP Multisystemic Therapy (MST) is a highly researched, intensive family and community-based treatment model that addresses multiple aspects of serious antisocial behavior in adolescents 11 to 17 years old. MST addresses the multiple factors known to be related to delinquency across key settings or systems, and strives to promote behavior change in the youth's natural environment.

Multidimensional Treatment Foster Care (MTFC) is a cost-effective alternative to regular foster care, group or residential treatment, hospitalization and incarceration for youth who have problems with chronic disruptive behavior. It is based on the Social Learning Theory model that describes the mechanisms by which individuals learn to behave in social contexts and the daily interactions that influence both pro-social and antisocial patterns of behavior.

Training and Consultation - As an approved MST network partner, we offer new and existing licensed MST teams, five-day orientation training, clinical supervisor training and weekly consultative services to initiate and maintain quality MST services.

BP

BP

Indicates a nationally recognized Blueprints for Healthy Youth Development program. Blueprints for Healthy Youth Development, a project of the Center for the Study and Prevention of Violence at the University of Colorado, is funded by the Annie E. Casey Foundation. Blueprints systematically and continuously reviews the research on violence and drug abuse programs to determine if they are exemplary and grounded in evid<u>ence.</u>



CSI's 11th Annual Golf Tournament at the Indian Hill Golf Course in Newington, Connecticut.

AGENCY-WIDE HIGHLIGHTS

CSI formed a partnership with University of New Haven, Henry C. Lee College of Criminal Justice and Forensic Science. This unique partnership will research trends within CSI's programs to inform the direction of future services.

After twelve years in Windsor, Connecticut, CSI moved the agency's administrative headquarters to 340 West Newberry Road in Bloomfield. The move to a larger space represents CSI's significant growth and development over the years.

ADULT SERVICES HIGHLIGHTS

Total success rate of all Adult Residential programs is 85.8 percent.

More than 6,000 clients were served.

The number of community service hours completed was **13,939**. Calculated at minimum wage, our clients provided **\$133,814** worth of labor to nonprofit agencies and municipalities.

Connecticut residential clients paid **\$24,963** to the Connecticut Victim Compensation Board.

In July 2015, Ventura County Probation approached CSI to expand our case management services in our Evidenced-Based Case Management Program to include clients' families.

In July 2015, CSI received a \$5,000 grant from Berkshire Bank.

In July 2015, Connecticut Judicial Branch Court Support Services Division (JBCSSD) renewed all CSI Alternative in the Community (AIC) programs.

In August 2015, Watkinson Prisoners' Aid Society awarded CSI with a **\$3,000** grant, which CSI matched to supply the Chase Center and Cheyney House with high-quality tables and chairs.

In September 2015, Bridgeport AIC sponsored a flag football team through the organization Project Longevity for youth in the Bridgeport area.

In November 2015, CSI received a Community Recidivism & Crime Reduction grant from Santa Barbara County for \$25,000.

YOUTH SERVICES HIGHLIGHTS

CSI served more than 2,000 youth (residential and non-residential).

CSI's outcomes exceeded most national averages. The percentage of youth living at home at time of discharge was **85 percent**; youth in school at time of discharge was **84 percent**; and youth with no new arrests during treatment was **83 percent**.

Michelle Robinson was the MST Expert "Whatever it Takes Award" recipient. CSI's **Dekalb County Team** and Clinical Supervisor, **Ruvan Weerasuriya** received the "MST Team Adherence Award". **Four** CSI employees were nominated for the WIT awards: **Isaac Westdorp**, **Natalia Dial**, **Lional LaTouche**, and **Angelica Hughes**.

TRAINING HIGHLIGHTS

Dr. Robert Ross, the author of Reasoning and Rehabilitation, is an international authority on offender rehabilitation and the prevention of antisocial behavior. He has designated the CSI Training and Resource Center as his trainer-of-choice in the United States and all requests that Dr. Ross receives for training will be handled by CSI.

In July 2015, Judy McCusker, CSI's Director of Training & Resource Center spoke at The American Probation and Parole Association Conference.

In October 2015, Heath Greene and Jessica Fraser spoke at The Connecticut Women's Consortium Adult and Juvenile Female Offenders Conference.

2016 FINANCIALS

FOR YEAR ENDED JUNE 30, 2016



SOURCE OF REVENUE 2016

INTEREST INCOME \$3,879

INVESTMENTS (\$39,122)

CONTRIBUTIONS \$32,290

PUBLIC SUPPORT \$56,049



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RESIDENT SUBSISTENCE \$572,905

OTHER PROGRAM REVENUE

\$1,515,524

ADMINISTRATION & GENERAL EXPENSE

15%

FEES & GRANTS FROM \$26,997,131 **GOVERNMENT AGENCIES**

\$29,138,656 **TOTAL REVENUE:**

FUNDING SOURCES

Federal Bureau of Prisons

- United States Probation Office
- CA Department of Corrections and Rehabilitation
- **CA** Interface Children and Family Services
- **CA** Santa Barbara County Sheriff's Department
- **CA** Santa Barbara County Probation
- CT Court Support Services Division
- **CT** Department of Correction
- **GA** Criminal Justice Coordinating Council, DeKalb, Fulton, Houston, Richmond Counties
- **GA** Department of Juvenile Justice
- **GA** Evidence-Based Associates
- **MD** Baltimore County Health and Human Services, MST Services Inc.
- **MD** Department of Juvenile Services
- **MD** Department of Social Services
- MD Local Management Board, Baltimore
- NJ Department of Children and Families, Division of Child Behavioral Health Services
- PA Berks County Children and Youth Services
- PA Berks County Juvenile Probation Office
- PA Clinton County Children and Youth Services
- PA Clinton County Juvenile Probation Department
- PA Community Care Behavioral Health System
- PA Lehigh County Children and Youth Services
- PA Lehigh County Juvenile Probation Department
- PA Luzerne County Children and Youth Services
- **PA** Luzerne-Wyoming Mental Health and Development Services

PA Lycoming County Children and Youth ServicesPA Lycoming County Juvenile Probation OfficePA Magellin

PA Northampton County Children and Youth Services
PA Northampton County Juvenile Probation Department
PA Pike County Children and Youth Services
PA Schuylkill County Children and Youth Services
PA Sullivan County Children and Youth Services
PA Wayne County Children and Youth Services
PA Wayne County Unvenile Probation Department
PA Wyoming County Children and Youth Services
PA Wyoming County Uvenile Probation Office
RI Department of Children, Youth and Families

FUNDING SOURCES





CORPORATE

Abatement Plus LLC ADR Security LLC Aiello Charitable Foundation, Inc. All Waste Inc. Allen Associates Amazon Smile Anthem Blue Cross Blue Shield Berkshire Bank Brass City Vending Brown & Brown of CT Inc. Career Resources Inc. CBS Xerox Company CHUBB Group of Insurance CIL Development Community Resources for Justice Connecticut Non-profits Connecticut Partners in Action Corporation for Independent Living **CSC Service Works** Dixon Golf, Inc.

Douglas Brown, LLC Dumouchel Paper Company **Evidence-Based Associates** FoodShare FoodSource Plus National Inc. Global Impact (Pitney Bowes) Griffin Land, LLC Jackson Lewis, LLP K&B Fire Protection LLC Kelly & Spellacy Updike LaMonica's Restaurant Leasing Associates Services Mac-Gray Services Inc. Main-East Associates LLC MetLife **MST** Services Northeast Utilities Northeast Utilities Employees Park Hardware Co. Philadelphia Insurance Companies Post Development LLC Private Capital Group RM Bradley Brokerage Santa Barbara Foundation Simon Hollander Trust Staples TBD Management LLC The Hollander Foundation United Way of Central & Northeastern Connecticut Updike, Kelly & Spellacy, P.C. Watkinson Prisoners Aid Society Wayne Finan Painting LLC Wheeler Electric Whittlesey & Hadley Willinger, Willinger & Bucci Willis North America Inc.

FUNDING SOURCES

INDIVIDUALS

Augustine Agule Sam Ahilan Lawerence Albert Sherry Albert Carina Amieda Amy Anderson Tanya Anisimov Cynthia Bardales John & Erica Basile John Berman Alan Bisson Mark & Tammy Bonanno **Terrence Borjeson** Lisa Brandes Robert Butcher Alan Butkus Christine Capazzi Kaylyn Carew Anna Marie Carmosino Steven Casey Leland Chase Tina Cioffi Mary Clown Amy Cormier Karen Cruz Jennifer Cudworth Patricia Darling Joel Davidson Angela Defalco Michael Delgallo Julie Dephillips Mark DiBella Tony Drapelick

Akin Fadeyl Karen Fennell William Fiocchetta Carol Frago Jennifer Garcia Paula Gonzales Veneta Gooden Steve Goralski Mike Gorman Heath Greene Kerin Griffin Susan Guay Jorge/Johanna Guerrero Sally Guy Derek Harrison Nylcanta Henry Paul Hernandez **Thomas Hooper** Rob & Sandra Izer Patricia Javorski Angela Johnson Brett Keaton Martha Kellam **Bruce Kelly** Simone Ketchum Darlene Kiss Robert Kulow **Cheryl Leone** Sedgrid Lewis Roblyn Lewter

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Marlene Thomas Lou Todisco Barry Toth Joyce Undella Carlos Valinho Jenth Velez Liz Vereen Michael Warburton Liz Weiblen Benjamin White Coenista Wilson Jackie Wise Tatum Wrobel Irina Zaki Michael Zemke Linda Zhang

The mission of Community Solutions Inc. is to promote the independence, responsible citizenship, and well-being of individuals involved, or at risk of involvement, in the child welfare, juvenile justice or criminal justice systems.

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