





# A LETTER FROM OUR CEO AND BOARD CHAIRMAN

#### **Dear friends of Community Solutions Inc.,**

What started in 1962 in Hartford, Connecticut at the home of Ralph Cheyney, the founder of Connecticut Halfway Houses, is now an incredible nonprofit known as CSI, serving thousands of juvenile justice, child welfare and criminal justice clients in nine states.

Over the years, CSI has been a leader in, or a part of, significant changes in the provision of services to children and adults. What began as an innovative and straightforward idea of taking men being released from prison and providing them with tools to build a new life has blossomed into a wide array of sophisticated services to reduce the incidence of crime, delinquency or child abuse.

While the residential programs started by Mr. Cheyney in 1962 remain and have grown, our knowledge has also grown and with that knowledge has come a set of new practices that are widely referred to as evidence-based and best-practice programs. As a larger system of care, we are finally at a point where we can say, "this works," and apply the principles we have learned about effective treatment.

From the expanded use of community-based care in residential re-entry centers, to day reporting centers and in-home services, the past decade has seen enormous and positive change in our systems. We are proud to say that CSI has been at the forefront of many of those innovations, either through the implementation of our own programs, or by implementing programs for one of our many government funding agencies that have pioneered those efforts.

The past year has seen an expansion of our existing programs and the implementation of a research association with the criminal justice department at the University of New Haven.

To the many board members who have supported CSI, the staff who have worked with clients over the years, and especially to the adults and youth who have benefited from our programs and have thus benefited society, we say thank you.

Sincerely Yours,

Robert D. Pidgeon
Chief Executive Officer

William J. Fiocchetta
Chairman of the Board

# **OUR BOARD**

### **BOARD OF DIRECTORS**

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President and CEO
Mercy Community Health

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State of Connecticut
Department of Education

#### **Board Secretary**

Mr. Barry Toth Retired

#### **Treasurer**

Mr. Carlos Valinho Real Estate Solutions



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Mr. Anthony Drapelick

Senior Vice President and Managing Director, Retired Drake Beam Morin Mr. Akin Fadeyi

Council of Juvenile Correctional Administrators (CJCA)

Mr. Ned Loughran

**Executive Director** 

Council of Juvenile Correctional Administrators (CJCA)

Mr. Ken Ricci, FAIA

President

Ricci Greene Associates

# **OUR FOOTPRINT**

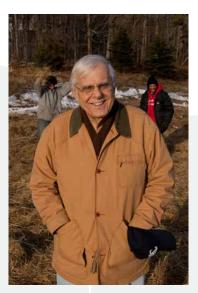
**Community Solutions Inc. (CSI)** is an international nonprofit organization that provides programs for at-risk and disadvantaged youth and adults. Since 1962, CSI has delivered supervision, treatment and comprehensive, individual services to help clients interact more effectively in their communities and become productive citizens.

#### **Adult Services:**

- Evidence-Based Curriculum
- Day Reporting Centers
- Residential Programs
- Alternative in the Community Programs
- Transitional Housing

#### **Youth Services:**

- Home-Based Services
- Foster Care Program
- Residential Program
- MST Training and Quality Assurance Services





### **AT A GLANCE**

Founded: 1962

**Type of Organization:** Private nonprofit

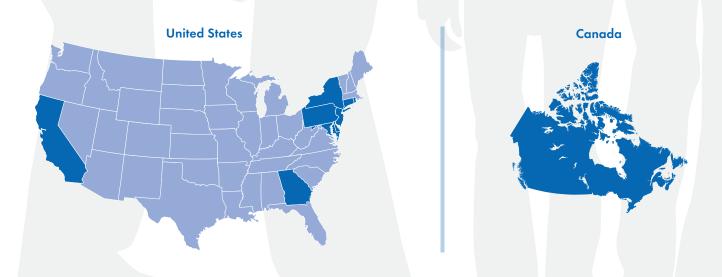
501c3 Corporation

Structure: Volunteer Board of Directors

**Annual Budget:** \$30,736,827

Employees: 605

Geography: Direct services are provided in California, Connecticut, Delaware, Georgia, Maryland, New Jersey, New York, Pennsylvania and Rhode Island. Quality assurance and consultation services are provided in California, Connecticut, Canada and Georgia.



# **OUR SERVICES**

#### **ADULT SERVICES**

Alternative in the Community Programs, or AIC Programs, are community-based alternatives to incarceration that provide multifaceted intervention services for offenders awaiting trial, or who are on probation or parole. Participants work closely with case managers, intervention and employment specialists to develop individual goals and make positive changes in their lives.

**Cognitive-Based Services** provide cognitive-based group services to probationers within the Probation Department. Evidence-based practices are used to help increase self-awareness, motivate pro-social change and enhance protective factors.

**Community Court** is a program where offenders charged with misdemeanors are assigned to perform one to three days of community service in lieu of fines or jail time. Community Court staff meets with neighborhood associations to match projects with local needs.

Community Resource Center (CRC) is a program that provides a community-based alternative to incarceration for pre-trial, probation and parole clientele. The CRC program is an assessment-driven model addressing each client's criminogenic, educational, vocational and substance abuse treatment needs. The program is designed to facilitate offender's successful reintegration into the community.

**Day Reporting Centers** provide a community-based alternative to incarceration using Motivational Interviewing techniques and a curricula-driven, evidence-based model designed to assess the needs of each client. Participants work closely with case managers and employment specialists to develop individual goals and make positive changes in their lives.

**Inpatient Substance Abuse Treatment** provides a highly structured program with therapeutic activities over a 30-day period. Clients generally transition to work release after program completion.

Mothers and Infants Nurturing Together is a confinement placement program for pregnant offenders who have been approved for community placement. While in the program they receive prenatal care at a cooperating hospital, give birth and bond with their babies for three months following birth.

Residential Work Release Re-entry Centers are programs for state and federal work release clients who live in a congregate setting and are supported as they obtain full-time employment and meet financial and self-sufficiency goals. The programs administer assessments, monitor compliance with treatment plan goals and involve client in direct treatment services that address their criminogenic tendencies.

**Transitional Housing** provides room and board to male pre-trial, parole and probation clients. Referrals are made to local service providers and area employers.

### **Training and Resource Center**

CSI training programs provide comprehensive training and consulting services to federal, state and local agencies, along with for-profit and nonprofit organizations throughout the United States and internationally.

#### Services provided include:

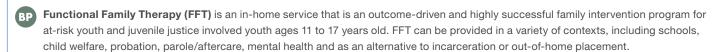
- Training for evidence-based practices, professional development, management and leadership skills.
- Technical assistance with implementing evidencebased practices.
- Quality assurance using state-of-the-art tools to assure model fidelity and customer satisfaction through internal and external auditing.
- Resources including regional, national and international trainers and consultants.

# **OUR SERVICES**

#### **YOUTH SERVICES**

**Adolescent Residential Treatment** provides clinical services, education, substance abuse assessment, treatment and monitoring, structured recreation, life skills and individual, group and family counseling for youth ages 12 to 17 who need help reducing antisocial behavior and transitioning back into the community.

**Brief Strategic Family Therapy (BSFT)** is an effective, family-focused, evidence-based approach to the elimination of substance abuse risk factors in children and adolescents 6 to 17 years old. BSFT adopts a structural family system framework to improve a youth's behavior problems by improving family interactions that are directly related to the child or youth's symptoms.



Intensive Family Preservation Services (IFPS) is an in-home, family-focused, community-based, family-reunification program model for families with children (birth to 18) returning from, or at risk of placement into, foster care, group or residential treatment, psychiatric hospitals or juvenile justice facilities.

- Multisystemic Therapy (MST) is a highly researched, intensive family and community-based treatment model that addresses multiple aspects of serious antisocial behavior in adolescents 11 to 17 years old. MST addresses the multiple factors known to be related to delinquency across key settings or systems, and strives to promote behavior change in the youth's natural environment.
- Multidimensional Treatment Foster Care (MTFC) is a cost-effective alternative to regular foster care, group or residential treatment, hospitalization and incarceration for youth who have problems with chronic disruptive behavior. It is based on the Social Learning Theory model that describes the mechanisms by which individuals learn to behave in social contexts and the daily interactions that influence both pro-social and antisocial patterns of behavior.

**Training and Consultation** - As an approved MST network partner, we offer new and existing licensed MST teams, five-day orientation training, clinical supervisor training and weekly consultative services to initiate and maintain quality MST services.



Indicates a nationally recognized
Blueprints for Healthy Youth Development
program. Blueprints for Healthy Youth
Development, a project of the Center for
the Study and Prevention of Violence at
the University of Colorado, is funded by
the Annie E. Casey Foundation. Blueprints
systematically and continuously reviews
the research on violence and drug
abuse programs to determine if they are
exemplary and grounded in evidence.



CSI's 12th Annual Golf Tournament at the Indian Hill Golf Course in Newington, Connecticut.

# HIGHLIGHTS | 2014-2015

#### **AGENCY-WIDE HIGHLIGHTS**

CSI formed a partnership with University of New Haven, Henry C. Lee College of Criminal Justice and Forensic Science. This unique partnership will research trends within CSI's programs to inform the direction of future services.

After twelve years in Windsor, Connecticut, CSI moved the agency's administrative headquarters to 340 West Newberry Road in Bloomfield. The move to a larger space represents CSI's significant growth and development over the years.

#### **ADULT SERVICES HIGHLIGHTS**

Total success rate of all Adult Residential programs is 85.8 percent.

More than 6,300 clients were served.

The number of community service hours completed was **26,842**. Calculated at minimum wage, our clients provided **\$221,468** worth of labor to nonprofit agencies and municipalities.

Connecticut residential clients paid \$20,554 to the Connecticut Victim Compensation Board.

In July 2015, Ventura County Probation approached CSI to expand our case management services in our Evidenced-Based Case Management Program to include clients' families.

In July 2015, CSI received a \$5,000 grant from Berkshire Bank.

In July 2015, Connecticut Judicial Branch Court Support Services Division (JBCSSD) renewed all CSI Alternative in the Community (AIC) programs.

In August 2015, Watkinson Prisoners' Aid Society awarded CSI with a \$3,000 grant, which CSI matched to supply the Chase Center and Cheyney House with high-quality tables and chairs.

In September 2015, Bridgeport AIC sponsored a flag football team through the organization Project Longevity for youth in the Bridgeport area.

### YOUTH SERVICES HIGHLIGHTS

CSI's outcomes exceeded most national averages. The percentage of youth living at home at time of discharge was **85 percent**; youth in school at time of discharge was **84 percent**; and youth with no new arrests during treatment was **83 percent**.

Eight CSI employees working within the MST programs received the "Whatever it Takes Award" during this fiscal year. Award Winners: Sherry Albert, Kelly Atkinson, Leigh Flowers, Meghan Lefort, Grace Monjardo, Holly Monroe, Irwin Rutherford and Kylleen Shambach.

#### TRAINING HIGHLIGHTS

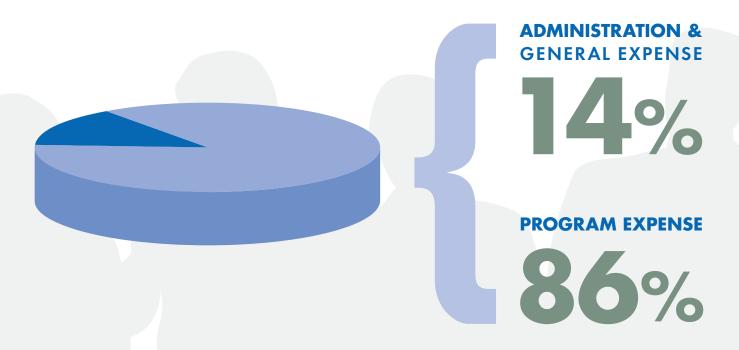
The quality assurance project began to increase its use of technology with tools to measure effectiveness of the service. The Working Alliance Inventory and the coach evaluations are all done electronically now. This will lead to better data for service delivery and marketing.

**Dr. Robert Ross**, the author of Reasoning and Rehabilitation, is an international authority on offender rehabilitation and the prevention of antisocial behavior. He has designated the CSI Training and Resource Center as his trainer-of-choice in the United States and all requests that Dr. Ross receives for training will be handled by CSI.

In July 2015, Judy McCusker, CSI's Director of Training & Resource Center spoke at The American Probation and Parole Association Conference.

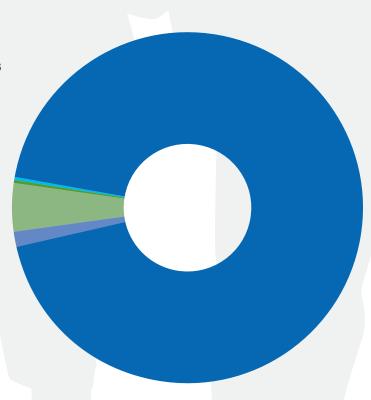
In October 2015, Heath Greene and Jessica Fraser spoke at The Connecticut Women's Consortium Adult and Juvenile Female Offenders Conference.

# FOR YEAR ENDED JUNE 30, 2015



### **SOURCE OF REVENUE 2015**

- Fees & Grants from Government Agencies \$28,869,001
- Resident's Subsistence \$476,640
- Other Program Revenue \$1,352,359
- Investments (\$80,444)
- Interest Income \$4,905
- Public Support\$55,096
- Contributions \$59,270



# **FUNDING SOURCES**

Federal Bureau of Prisons

United States Probation Office

**CA** Santa Barbara County Sheriff's Department

**CA** Santa Barbara County Probation

**CT** Court Support Services Division

**CT** Department of Correction

**FL** Department of Juvenile Justice, Evidence-Based Associates

FL Alachua County Sheriff

**GA** Department of Juvenile Justice

**LA** Office of Juvenile Justice

**LA** Department of Health and Hospitals, Mental and Behavioral Health Program

**MD** Baltimore County Health and Human Services, MST Services Inc.

MN State of Minnesota

**NE** State of Nebraska

**NJ** Department of Children and Families, Division of Child Behavioral Health Services

**NJ** Department of Addiction Services

NJ Hudson County Department of Corrections

NJ State Parole Board

PA Community Care Behavioral Health System

PA Community Behavioral Healthcare Network of Pennsylvania

PA Magellan Healthcare System

PA Berks County Juvenile Probation Office

PA Berks County Children and Youth Services

PA Chester County Juvenile Probation Department

PA Chester County Children and Youth Services

PA Clinton County Juvenile Probation Department

PA Clinton County Children and Youth Services

PA Lehigh County Juvenile Probation Department

PA Lehigh County Children and Youth Services

PA Lycoming County Children and Youth Services

PA Lycoming County Juvenile Probation Office

PA Northampton County Juvenile Probation
Department

**PA** Northampton County Children and Youth Services

PA Pike County Juvenile Probation Office

PA Pike County Children and Youth Services

PA Schuylkill County Children and Youth Services

PA Susquehanna County Children and Youth Services

PA Sullivan County Children and Youth Services

PA Sullivan County Juvenile Probation Office

PA Sullivan County Juvenile Justice

**PA** Wayne County Juvenile Probation Department

PA Wayne County Children and Youth Services

**PA** Wyoming County Juvenile Court Services

PA Wyoming County Juvenile Probation Office

PA Wyoming County Children and Youth Services

**PA** Commission on Crime and Delinquency

RI Department of Children, Youth and Families

RI Care Management Network

# **FUNDING SOURCES**





# **CORPORATE**

Accrue

ADR Security LLC

All Waste Inc.

Allen Associates

Anthem Blue Cross Blue Shield

Bank of America

Brown & Brown of CT Inc.

CAL Business Solutions

Career Resources

CIL Development

Community Resources for Justice

Connecticut Bank and Trust

Connecticut Non-profits

Connecticut Partners in Action

Consigli Construction

Corporation for Independent Living

Creative Exteriors LLC

David G. Hill & Associates LLC

Defran

DiNardo Enterprises

Earthlink

Evidence-Based Associates

Fairway Counseling

Fibre Dust LLC

FoodShare

FoodSource Plus National Inc.

Global Impact (Pitney Bowes)

**IP Power Brokers** 

Jackson Lewis, LLP

LaMonica's Restaurant

Leasing Associates Services

Mac-Gray Services Inc.

MetLife

Monsanto

MST Services

Northeast Utilities

Northeast Utilities Employees

Park Hardware Co.

Private Capital Group

Professional Pensions

R.A.M. Associates

R.A.M. Unlimited - Ralph Mont

Rome McGuigan, P.C.

Santa Barbara Foundation

Simon Hollander Trust

Stalwart Clean and Sober

TBD Management

The Hollander Foundation

Thurston Food

United Way of Central &

Northeastern Connecticut

**USA** Hauling

Watkinson Prisoners Aid Society

Whittlesey & Hadley

Willinger, Willinger & Bucci

Willis North America Inc.

Solomon & Katie Wohl Foundation

# **FUNDING SOURCES**

# **INDIVIDUALS**

Augustine Agule

Sam Ahilan

Lawerence Albert

Sherry Albert

Carina Amieda

Amy Anderson

Tanya Anisimov

Cynthia Bardales

John Berman

Alan Bisson

Tammy Bonanno

Terrence Borjeson

Lisa Brandes

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Robert Butcher

Alan Butkus

Christine Capazzi

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Anna Marie Carmosino

Steven Casey

Leland Chase

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Todd Clear

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Jennifer Cudworth

commer caawerm

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Joanne Esposito

Akin Fadeyl

Karen Fennell

William Fiocchetta

Carol Frago

John Gallagher

Jennifer Garcia

Howard Gibson

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Veneta Gooden

Heath Greene

Kerin Griffin Susan Guay

Jorge/Johanna Guerrero

Sally Guy

Diane Harrington

Derek Harrison

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Ed Keeley

Martha Kellam

Bruce Kelly

Simone Ketchum

Darlene Kiss

Robert Kulow

Cheryl Leone

Sedgrid Lewis

Roblyn Lewter

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Richard Lutz

Erwin Mackie

Kevin Macneal

Jose Maldonado

Nick Martino

Claville Marton-Otts

Chris Mathis

Doug McAvay

Greg McCormack

Mary McHatton

Lyndsey McLaughlin

Martin Meehan

Peter Melendez

Verla Michel

Lee Monroe

Mary Morey

Bob Morgan

Paul Murdock

Uduak Nguessan

Cara Niazzi

Aileen O'Conner

Bert Otts

Ed Palasek

Paul Paquette

Tiffany Parkhouse

Heather Petrone

Bob Pidgeon

Susan Pribyson

Sherina Richards

Jeri-dee Robinson

Denise Rodriguez

Hilda Rodriguez

**3** 

Olga Rudyak

Kimberly Seda

Igor Sikorsky

Deborah Smith

Celia Sonali Gonzalez

Jean Sullivan

Stephen Syrett

Marlene Thomas

Lou Todisco

Barry Toth

Carlos Valinho

Jenth Velez

Liz Vereen

Michael Warburton

Katie Ward

Liz Weiblen

Benjamin White

Coenista Wilson

Jackie Wise

Patricia Wright

Tatum Wrobel

Irina Zaki

Michael Zemke

Linda Zhang





