



## A LETTER FROM OUR CEO AND BOARD CHAIRMAN

#### **Dear Friends of Community Solutions Inc.,**

The past year Community Solutions Inc. (CSI) marked its 50th anniversary of providing services for our communities. What started in 1962 in Hartford, Connecticut at the home of Ralph Cheyney, the founder of Connecticut Halfway Houses, is now an incredible nonprofit known as CSI, serving thousands of juvenile justice, child welfare and criminal justice clients in nine states.

Over the years, CSI has been a leader in, or a part of, significant changes in the provision of services to children and adults. What began as an innovative and straightforward idea of taking men being released from prison and providing them with tools to build a new life has blossomed into a wide array of sophisticated services to reduce the incidence of crime, delinquency or child abuse.

While the residential programs started by Mr. Cheyney in 1962 remain and have grown, our knowledge has also grown and with that knowledge has come a set of new practices that, today, are widely referred to as evidence-based and best-practice programs. As a larger system of care, we are finally at a point where we can say, "this works," and apply the principles we have learned about effective treatment.

From the expanded use of community-based care in residential re-entry centers, to day reporting centers, to in-home services, the past decade has seen enormous and positive change in our systems. We are proud to say that CSI has been at the forefront of many of those innovations, either through the implementation of our own programs, or by implementing programs for one of our many government funding agencies that have pioneered those efforts.

The past year has seen an expansion of our existing programs, including the opening of a new federal re-entry program in Delaware, the opening of a home-based program for juveniles in New York City, and the implementation of a research association with the criminal justice department at Rutgers University.

To the Cheyneys, the many board members who have supported CSI, the staff who have worked with clients over the years, and especially to the adults and youths who have benefited from our programs and have thus benefited society, we say thank you for more than 50 valuable and gratifying years.

Sincerely Yours,

Robert D. Pidgeon Chief Executive
Officer

Cout Nilos

William J. Fiocchetta
Chairman of the
Board

la Stocchetta

## **OUR BOARD**

### **BOARD OF DIRECTORS**

#### Chair

Mr. William Fiocchetta
President and CEO
Mercy Community Health

#### **Vice Chair, Board Secretary**

Mr. Louis Todisco
State of Connecticut
Department of Education

#### **Treasurer**

Mr. Carlos Valinho Real Estate Solutions



### **BOARD MEMBERS**

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Mr. Anthony Drapelick

Senior Vice President and Managing Director, Retired Mr. Akin Fadeyi

Council of Juvenile

Correctional Administrators (CJCA)

Mr. Ned Loughran

**Executive Director** 

Council of Juvenile

Correctional Administrators (CJCA)

Mr. Ken Ricci, FAIA

President

Ricci Greene Associates

## **OUR FOOTPRINT**

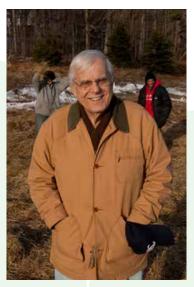
**Community Solutions Inc. (CSI)** is an international nonprofit organization that provides programs for at-risk and disadvantaged youth and adults. Since 1962, CSI has delivered supervision, treatment and comprehensive, individual services to help clients interact more effectively in their communities and become productive citizens.

#### **Adult Services:**

- Evidence-Based Curriculum
- Day Reporting Centers
- Residential Programs
- Alternative in the Community Programs
- Transitional Housing

#### **Youth Services:**

- Home-Based Services
- Foster Care Program
- Residential Program
- MST Training and Quality Assurance Services





## AT A GLANCE

Founded: 1962

**Type of Organization:** Private nonprofit

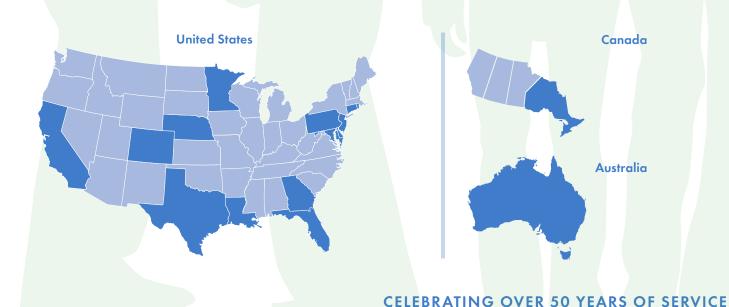
501c3 Corporation

**Structure:** Volunteer Board of Directors

**Annual Budget:** \$28,108,487

Employees: 433

Geography: Direct services provided in California, Connecticut, Delaware, Florida, Georgia, Maryland, Minnesota, Nebraska, New Jersey, Pennsylvania and Rhode Island. Quality assurance and consultation services provided in California, Louisiana, Texas, Rhode Island, Ontario, Canada and Australia



## **OUR SERVICES**

#### **ADULT SERVICES**

**Alternative in the Community Programs**, or AIC Programs, are community-based alternatives to incarceration that provide multifaceted intervention services for offenders awaiting trial, or who are on probation or parole. Participants work closely with case managers, intervention and employment specialists to develop individual goals and make positive changes in their lives.

**Cognitive-Based Services** provide cognitive-based group services to probationers within the Probation Department. Evidence-based practices are used to help increase self-awareness, motivate pro-social change and enhance protective factors.

**Community Court** is a program where offenders charged with misdemeanors are assigned to perform one to three days of community service in lieu of fines or jail time. Community Court staff meets with neighborhood associations to match projects with local needs.

Community Resource Center (CRC) is a program that provides a community-based alternative to incarceration for pre-trial, probation and parole clientele. The CRC program is an assessment-driven model addressing each client's criminogenic, educational, vocational and substance abuse treatment needs. The program is designed to facilitate offender's successful reintegration into the community.

**Day Reporting Centers** provide a community-based alternative to incarceration using Motivational Interviewing techniques and a curriculadriven, evidence-based model designed to assess the needs of each client. Participants work closely with case managers and employment specialists to develop individual goals and make positive changes in their lives.

**Inpatient Substance Abuse Treatment** provides a highly structured program with therapeutic activities over a 30-day period. Clients generally transition to work release after program completion.

**Mothers and Infants Nurturing Together** is a confinement placement program for pregnant offenders who have been approved for community placement. While in the program they receive prenatal care at a cooperating hospital, give birth and bond with their babies for three months following birth.

**Re-entry House** programs provide coordinated services to probationers in an effort to increase the opportunity for successful community reintegration. The program focuses on connecting clients to services that help them meet their basic needs and assisting them in obtaining permanent housing and employment.

Residential Work Release Re-entry Centers are programs for state and federal work release clients who live in a congregate setting and are supported as they obtain full-time employment and meet financial and self-sufficiency goals. The programs administer assessments, monitor compliance with treatment plan goals and involve client in direct treatment services that address their criminogenic tendencies.

Residential Re-entry Centers are available through contracts with the Bureau of Prisons with qualified agencies to operate residential reentry centers (RRCs) in order to provide assistance to clients who are nearing release. The center provides a safe, structured and supervised environment, as well as employment counseling, job placement, financial management assistance, housing placement and other services.

**Transitional Housing** provides room and board to male pre-trial, parole and probation clients. Referrals are made to local service providers and area employers.

**Training and Resource Center** Community Solutions' training programs provide comprehensive training and consulting services to federal, state and local agencies, along with for-profit and nonprofit organizations throughout the United States and internationally.

#### Services provided include:

- Training for evidence-based practices, professional development, management and leadership skills.
- Technical assistance with implementing evidence-based practices.
- Quality assurance using state-of-the-art tools to assure model fidelity and customer satisfaction through internal and external auditing.
- Resources including regional, national and international trainers and consultants.

## **OUR SERVICES**

#### **YOUTH SERVICES**

**Adolescent Residential Treatment** provides clinical services, education, substance abuse assessment, treatment and monitoring, structured recreation, life skills, and individual, group and family counseling for youths ages 12 to 17 who need help reducing anti-social behavior and transitioning back into the community.

**Brief Strategic Family Therapy (BSFT)** is an effective, family-focused, evidence-based approach to the elimination of substance abuse risk factors in children and adolescents 6 to 17 years old. BSFT adopts a structural family system framework to improve a youth's behavior problems by improving family interactions that are directly related to the child or youth's symptoms.

**Functional Family Therapy (FFT)** is an in-home service that is an outcome-driven and highly successful family intervention program for at-risk youth and juvenile justice involved youth ages 11 to 17 years old. FFT can be provided in a variety of contexts, including schools, child welfare, probation, parole/aftercare, mental health and as an alternative to incarceration or out-of-home placement.

Intensive Family Preservation Services (IFPS) is an in-home, family-focused, community-based, family-reunification program model for families with children (birth to 18) returning from, or at risk of placement into foster care, group or residential treatment, psychiatric hospitals or juvenile justice facilities.

- Multisystemic Therapy (MST) is a highly researched, intensive family and community-based treatment model that addresses multiple aspects of serious antisocial behavior in adolescents ages 11 to 17 years old. MST addresses the multiple factors known to be related to delinquency across key settings or systems, and strives to promote behavior change in the youth's natural environment.
- Multidimensional Treatment Foster Care (MTFC) is a cost-effective alternative to regular foster care, group or residential treatment, hospitalization and incarceration for youth who have problems with chronic disruptive behavior. It is based on the Social Learning Theory model that describes the mechanisms by which individuals learn to behave in social contexts and the daily interactions that influence both pro-social and anti-social patterns of behavior.

**Training and Consultation** - As an approved MST network partner, we offer new and existing licensed MST teams five-day orientation training, clinical supervisor training and weekly consultative services to initiate and maintain quality MST services.



Indicates a nationally recognized
Blueprints for Healthy Youth Development
program. Blueprints for Healthy Youth
Development, a project of the Center for
the Study and Prevention of Violence at
the University of Colorado, is funded by
the Annie E. Casey Foundation. Blueprints
systematically and continuously reviews
the research on violence and drug
abuse programs to determine if they are
exemplary and grounded in evidence.



50th Anniversary Gala at the Bond Ballroom in Hartford, Connecticut

# **HIGHLIGHTS | 2012-2013**

#### **AGENCY-WIDE HIGHLIGHTS**

Community Solutions Inc. held its 50th anniversary celebration gala at The Bond Ballroom in Hartford, Conn. on Friday, March 22, 2013. Guests enjoyed a speech that was both moving and enthusiastic, made by the Honorable Judge Steven Teske from Clayton, Georgia who was the keynote speaker for the evening. The evening's program also featured remarks from:

Hassan Eaton - a successful Adult Services client from Connecticut • Thomas Hooper - the Town Manager of Bloomfield, Connecticut William Fiocchetta - CSI's Board of Directors President • Robert Pidgeon - CSI's CEO

CSI formed a partnership with Rutgers School of Criminal Justice Evidence-Based Institute. This unique partnership will research trends within CSI's programs to inform the direction of future services.

#### ADULT SERVICES HIGHLIGHTS

More than 9,000 clients were served.

The number of community service hours completed was **26,842**. Calculated at minimum wage, our clients provided **\$221,468** worth of labor to nonprofit agencies and municipalities.

Connecticut residential clients paid \$20,388 to the Connecticut Victim Compensation Board.

CSI's Alternative in the Community (AIC) programs, funded by The Connecticut Court Support Services Division, contributed to the statewide record of a 12 percent reduction in recidivism.

CSI opened a Residential Re-Entry Center serving newly released individuals from the Bureau of Prisons during the readjustment phase.

#### YOUTH SERVICES HIGHLIGHTS

Awarded CSI first New York Administration of Children's Services contract, providing FFT to youth and families in Queens, New York.

CSI's Florida Functional Family Therapy therapists ranked first in the state among FFT therapists and one of our FFT teams rated **first in the state for overall data ranking.** 

CSI's outcomes **exceeded most national averages**. The percentage of youth living at home at time of discharge was 86 percent; youth in school at time of discharge was 81 percent; and youth with no new arrests during treatment was 91 percent.

Rhode Island programs added a new position (Network Care Coordinator) who follows a case throughout the range of services from point of entry into the RI DCYF system through discharge. CSI's NCC have the ability to assist 45 families annually.

Twenty-one CSI employees working within the MST programs received "10-year service" pins at the MST International Conference held in Charleston, SC in October.

### TRAINING HIGHLIGHTS

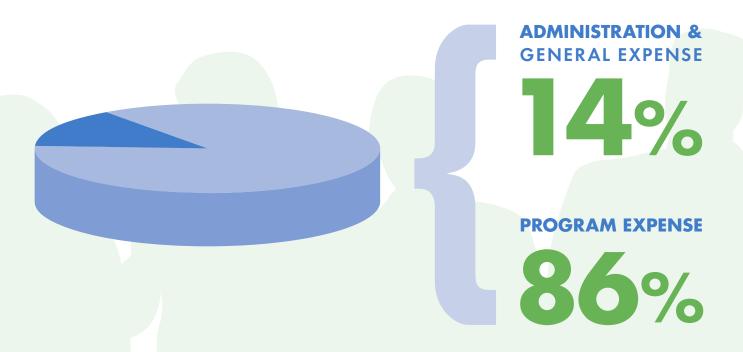
The CSI Training and Resource Center has **expanded its customer base this past year**. New business partners include the state of Minnesota, Douglas County Nebraska and a consortium of providers throughout Southwestern Connecticut with federal grant money for employment services. This new business increased revenue by nearly **\$100,000**.

The quality assurance project began increased its use of technology with tools to measure effectiveness of the service. The Working Alliance Inventory and the coach evaluations are all done electronically now. This will lead to **better data for service delivery** and marketing.

**Dr. Robert Ross**, the author of Reasoning and Rehabilitation, is an international authority on offender rehabilitation and the prevention of antisocial behavior. He has designated the CSI Training and Resource Center as his trainer-of-choice in the United States and all requests that Dr. Ross receives for training will be handled by CSI.

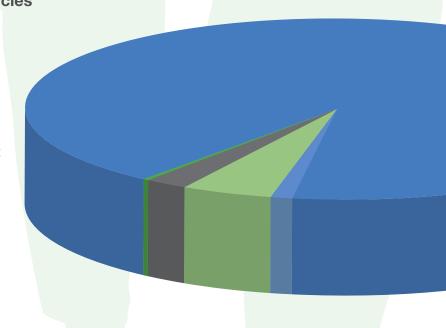
Throughout **2013**, CSI trainer **Jessica Fraser** has been training **Connecticut detention staff** in female responsive services. This project will continue as she trains all CSSD employees and then follows up with ongoing quality assurance.

# FOR YEAR ENDED JUNE 30, 2013



### **SOURCE OF REVENUE 2013**

- Fees & Grants from Government Agencies \$25,772,452
- Resident's Subsistence \$292,543
- Other Program Revenue \$1,341,761
- Gain on Sale of Property & Equipment \$597,382
- Interest Income \$9,780
- Public Support \$56,098
- Other Income/Contributions \$38,465



## **FUNDING SOURCES**

Federal Bureau of Prisons

United States Probation Office

**CA** Santa Barbara County Sheriff's Department

**CA** Santa Barbara County Probation

**CT** Court Support Services Division

**CT** Department of Correction

**FL** Department of Juvenile Justice, Evidence-Based Associates

FL Alachua County Sheriff

**GA** Department of Juvenile Justice

LA Office of Juvenile Justice

**LA** Department of Health and Hospitals, Mental and Behavioral Health Program

**MD** Baltimore County Health and Human Services, MST Services Inc.

MN State of Minnesota

**NE** State of Nebraska

**NJ** Department of Children and Families, Division of Child Behavioral Health Services

**NJ** Department of Addiction Services

NJ Hudson County Department of Corrections

**NJ** State Parole Board

PA Community Care Behavioral Health System

**PA** Community Behavioral Healthcare Network of Pennsylvania

PA Magellan Healthcare System

PA Berks County Juvenile Probation Office

PA Berks County Children and Youth Services

**PA** Chester County Juvenile Probation Department

PA Chester County Children and Youth Services

PA Clinton County Juvenile Probation Department

PA Clinton County Children and Youth Services

PA Lehigh County Juvenile Probation Department

PA Lehigh County Children and Youth Services

PA Lycoming County Children and Youth Services

PA Lycoming County Juvenile Probation Office

**PA** Northampton County Juvenile Probation Department

PA Northampton County Children and Youth Services

PA Pike County Juvenile Probation Office

**PA** Pike County Children and Youth Services

PA Schuylkill County Children and Youth Services

PA Susquehanna County Children and Youth Services

PA Sullivan County Children and Youth Services

PA Sullivan County Juvenile Probation Office

PA Sullivan County Juvenile Justice

PA Wayne County Juvenile Probation Department

PA Wayne County Children and Youth Services

**PA** Wyoming County Juvenile Court Services

PA Wyoming County Juvenile Probation Office

**PA** Wyoming County Children and Youth Services

**PA** Commission on Crime and Delinquency

RI Department of Children, Youth and Families

RI Care Management Network

## **FUNDING SOURCES**





## **CORPORATE**

Accrue

ADR Security LLC

All Waste Inc.

Allen Associates

Anthem Blue Cross Blue Shield

Bank of America

Brown & Brown of CT Inc.

CAL Business Solutions

Career Resources

CIL Development

Community Resources for Justice

Connecticut Bank and Trust

Connecticut Non-profits

Connecticut Partners in Action

Consigli Construction

Corporation for Independent Living

Creative Exteriors LLC

David G. Hill & Associates LLC

Defran

DiNardo Enterprises

Earthlink

**Evidence-Based Associates** 

Fairway Counseling

Fibre Dust LLC

FoodShare

FoodSource Plus National Inc.

Global Impact (Pitney Bowes)

**IP Power Brokers** 

Jackson Lewis, LLP

LaMonica's Restaurant

Leasing Associates Services

Mac-Gray Services Inc.

MetLife

Monsanto

**MST Services** 

Northeast Utilities

Northeast Utilities Employees

Park Hardware Co.

Private Capital Group

Professional Pensions

R.A.M. Associates

R.A.M. Unlimited - Ralph Mont

Rome McGuigan, P.C.

Santa Barbara Foundation

Simon Hollander Trust

Stalwart Clean and Sober

**TBD Management** 

The Hollander Foundation

Thurston Food

United Way of Central &

Northeastern Connecticut

**USA Hauling** 

Watkinson Prisoners Aid Society

Whittlesey & Hadley

Willinger, Willinger & Bucci

Willis North America Inc.

Solomon & Katie Wohl Foundation

## **FUNDING SOURCES**

## **INDIVIDUALS**

Augustine Agule

Sam Ahilan

Lawerence Albert

**Sherry Albert** 

Carina Amieda

Amy Anderson

Tanya Anisimov

Cynthia Bardales

John Berman

Alan Bisson

Tammy Bonanno

Terrence Borjeson

Lisa Brandes

Rose Brown

Robert Butcher

Alan Butkus

Christine Capazzi

Kaylyn Carew

Anna Marie Carmosino

Steven Casey

Leland Chase

Tina Cioffi

Todd Clear

Mary Clown

Elaine Cohen

**Amy Cormier** 

Karen Cruz

Jennifer Cudworth

Patricia Darling

Joel Davidson

Angela Defalco

Michael Delgallo

Julie Dephillips

Tony Drapelick

Joanne Esposito

Akin Fadeyl

Karen Fennell

William Fiocchetta

Carol Frago

John Gallagher

Jennifer Garcia

Howard Gibson

Paula Gonzales

Veneta Gooden

Heath Greene

Kerin Griffin Susan Guay

Jorge/Johanna Guerrero

Sally Guy

Diane Harringtor

Derek Harrison

Nylcanta Henry

Paul Hernandez

Thomas Hooper

Deborah Hynd

Patricia Javorski

Thomas Jenkins
Angela Johnson

Brett Keaton Ed Keeley

Martha Kellam

Bruce Kelly

Simone Ketchum

Darlene Kiss

Robert Kulow

Cheryl Leone

Sedgrid Lewis

Roblyn Lewter

**Greg Lindsey** 

Michelle Little

Lynn Lombard

Richard Lutz

Erwin Mackie

Kevin Macneal

Jose Maldonado

Nick Martino

Claville Marton-Otts

**Chris Mathis** 

Doug McAvay

Greg McCormack

Mary McHatton

Lyndsey McLaughlin

Martin Meehan

Peter Melendez

Verla Michel

Lee Monroe

Mary Morey

Bob Morgan

Paul Murdock

Uduak Nguessan

Cara Niazzi

Aileen O'Conner

**Bert Otts** 

Ed Palasek

Paul Paquette

Tiffany Parkhouse

Heather Petrone

Bob Pidgeon

Susan Pribyson

Sherina Richards

Jeri-dee Robinson

Denise Rodriguez

Hilda Rodriguez

Olga Rudyak

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Kimberly Seda

Igor Sikorsky

Deborah Smith

Celia Sonali Gonzalez

Jean Sullivan

Stephen Svrett

Marlene Thomas

Lou Todisco

Barry Toth

Carlos Valinho

Jenth Velez

Liz Vereen

Michael Warburton

Katie Ward

Liz Weiblen

Benjamin White

Coenista Wilson

Jackie Wise

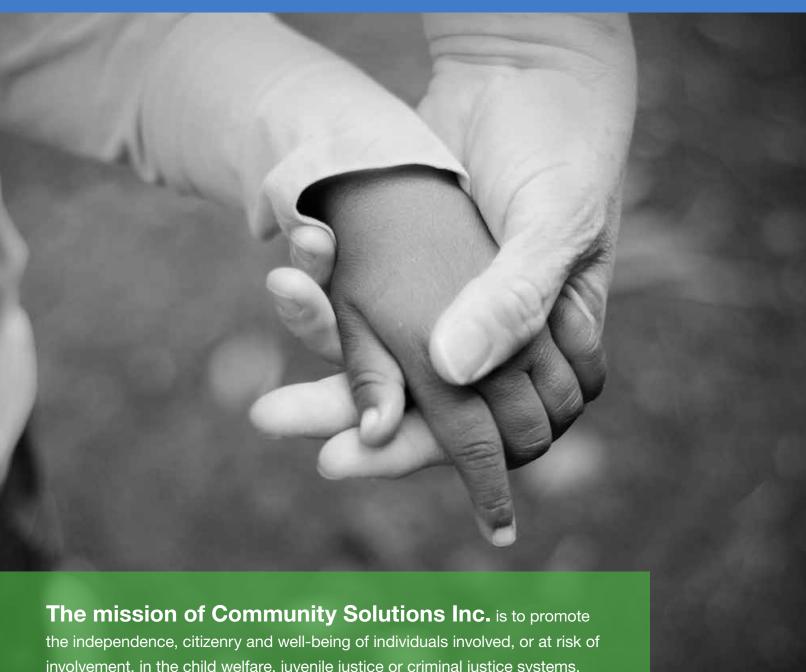
Patricia Wright

Tatum Wrobel

Irina Zaki

Michael Zemke

Linda Zhang



involvement, in the child welfare, juvenile justice or criminal justice systems.

4 Griffin Road North | Windsor, CT | 860-683-7100 | csi-online.org

